

# Marysville Monthly Memo

September 2018



## Principal's Message

Dear Parents/Guardians,



*I would like to take this opportunity to welcome our new families and staff to Marysville Public School and welcome back everyone else. Despite the minor inconveniences associated the warmer weather earlier last week, I feel we have had a great first week back as we settle into our school routines. I would like to welcome Genevieve La Cute and Colleen Hogan to Marysville. Mlle La Cute will be teaching core French and Ms. Hogan will be supporting staff and students in her role as an Educational Assistant.*

*I've always believed that a 'good' student is a 'well rounded' student. Establishing a sense of balance in children is a life long lesson. A lesson many adults are still learning! Academics are very important and so are the many extra-curricular activities which children participate in either at school or outside school hours. This could be sitting down quietly to read a book or learning a new sport. These activities challenge children to be uncomfortable mentally and physically which builds resilience and strength in character. These are important life skills.*

*The incredible staff and community at Marysville Public School work tirelessly to create well rounded children who are resilient, empathetic, and balanced learners. Mr. Skinner and I are thrilled to be the admin team of such a fantastic school.*

Jennifer Lawless  
Principal



## Thursday Hot Lunches

Please note that hot lunches will now be offered on **Thursdays** beginning Sept 20.

- Sept 20 - Pizza from WIPP
- Sept 27 - tomato pasta, green salad & fruit smoothie

Please contact Kayo at [murakamiwood@me.com](mailto:murakamiwood@me.com) if you are interested and available to help with hot lunches.

## Upcoming Events

### Sept 7 - School Photos

Lifetouch will be taking individual and class photos this Friday, September 7th in the morning.

Please note: Absent students and anyone requiring a retake will need to contact Lifetouch Photography directly to arrange an appointment for their Studio Day on Nov 10th.



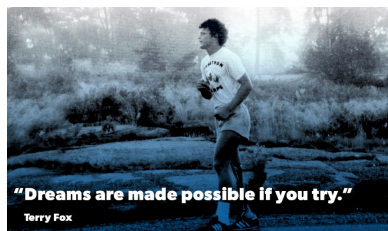
### Cross Country

Training for cross country will begin Sept 12th. Students will be running on Mon, Wed and Fridays prior to the end of the school day. Please come prepared with outdoor running shoes. The LESAA cross country meet takes place on October 10th at Fort Henry hill. Permission forms with information will be sent home in the next couple weeks.

### Sept 27 - Terry Fox Run

Over the years Marysville P.S. has made a remarkable contribution towards cancer research. Unfortunately, many of us know someone that has been touched by this terrible disease. We ask that you consider supporting our efforts and help out where you are able. Students will have a choice of a 5km run or walk. (JK-Gr.3 will do a 1km walk.) Parents, friends and community members are welcome and encouraged to join us. Lunch will be provided following the run. Pledge forms will be sent home with the permission form. Marysville is also set up for online donations at:

<http://www.terryfox.ca/MarysvillePSWolfelsland>



Please join us for our  
**OPEN HOUSE**  
**September 27, 2018**  
**@ 4:30pm**



With **Special Guest, Magician -**  
**@ 5:00pm**

**ROB DRISCOLL!**

**School Council meeting to follow at 6:00pm**

All are welcome and encouraged to attend.  
Childcare available.

### Morning Arrival

Bus and yard supervision begins at 8:20am. Any students arriving prior to this time will be unsupervised.

The bell will ring at 8:30 a.m. for students to meet their teachers at the back doorway.

### After School Pickup

As part of our Safe Schools protocol, children that are to be picked up after school will remain at the back of the building, with students that walk home, until their parent arrives. Parents are asked to come to the main office to indicate you are here to pick up your child. Dismissal time is 2:50pm. If you need to pick up your child earlier than the end of the school day, please come to the office upon arrival. Thank you for helping us keep our children safe.

### Student Accident Insurance

The Limestone District School Board policy requires all students who participate in school sponsored extra-curricular athletic events, have student accident insurance before they will be permitted to participate in these events. An insurance plan is made available each year on a voluntary basis and will be sent home. If you have any questions or concerns, please contact the school.

### Lunches/Milk

At this time, we do not have any restrictions for lunches/snacks in terms of allergies. We will, however, continue to focus on and encourage healthy eating! Milk will be available on a monthly, pre-paid basis, beginning the week of Sept. 17. An order form will be on the reverse side of each month's hot lunch order.

### Off-site Privileges

Marysville school policy now states that off-site privileges during the lunch period will be restricted to students in Grade 6-8 only, upon written parental permission.

### Indoor Shoes

For safety reasons, indoor shoes are required at school. Running shoes are highly recommended as students will also need them for gym class.

### Recycling, Composting & Waste

We will be continuing with our school composting, eliminating as much waste as possible and will work together to improve our recycling at the school. Each lunch room/classroom has a compost bin, as well as blue bins for paper and plastic/cans. Thank you for your continued support as we endeavor to make our school community a **GREEN** space!



Supporting Healthy Schools

## Backpack Safety

**Studies show** that many children carry backpacks that are far too heavy. A child's backpack should weigh no more than 15 percent of their body weight.

For more information, call KFL&A Public Health's Child & BabyTalk at 613-549-1154 or 1-800-267-7875, ext. 1555, or visit [canadasafetycouncil.org](http://canadasafetycouncil.org)



## Tips

A backpack should extend no higher than shoulder level. The bottom should rest in the curve of the lower back and sit evenly in the middle of the back, not sag down to the buttocks.

Padded back and shoulder straps, along with waist straps, add comfort and help to prevent injuries.

Place heavier items closest to the back. Use pockets to distribute weight.

Carry using both shoulder straps, and fit it snug enough so that it rests evenly in the middle of the back and close to the body.

Look for a brightly coloured pack with reflective material so your child is easily visible.