

# Marysville Monthly Memo

February 2019



## Upcoming Events

### Bring your skates & helmets!

Students will continue to skate on Friday afternoons at 1:30pm. Helmets are mandatory. We welcome parents to join us, as an extra set of hands to help tie skates and assist skaters on the ice is very much appreciated.

### Feb 1 - PA Day

### Feb 7 - School Council meeting @ 3:00pm

All are welcome to attend. Childcare available. The agenda for the meeting is posted on the school website under Our School → School Council → 2018-19 School Year → Agendas.

### Feb 8 - Family Sewing Night 6:00-7:30pm (see page 2)

### Feb 11 - 100th Day!

The primary class will be celebrating the 100th day of school during math by welcoming each student to bring in a collection of 100 small items, example - buttons, toothpicks, marbles, etc.

### Feb 12 & 26 - Instrumental Music continues for Gr 6/8's @ Sydenham P.S.

### Feb 13 - Grand Theatre

The primary class will be attending the performance of *Pete the Cat* at the Grand Theatre on Feb 13.

### Feb 14 - Valentine's Day

Show your school spirit by wearing **Red** and/or **Pink** today! Valentine cards are often a tradition. This can be a great way for students to practice their printing. A class list will be sent home to help any families that wish to do so.

### Feb 18 - Family Day holiday

### Feb 19-22 - Tech

The grade 4-8's will be taking part in a woodworking Tech class during the week of February 19- 22. Under the guidance of Mrs. Rooyackers, students will be working collaboratively as a group on a project for our school. We look forward to seeing what this talented group will construct.

### Feb 20 - Term 1 Report Cards home

**Congratulations to Austin** for joining the Sydenham P.S. boys intermediate basketball team! Marysville is very proud of you, Austin. Have fun and best of luck to you and the team! A special thank you to Mr. Beers for making this opportunity possible.



The primary class received a free book on Literacy Day, thanks to the TD Grade One Book Giveaway.



Online registration will soon be available. If your child will be 4 years of age in 2019, they are eligible for Junior Kindergarten beginning September 2019. To

learn more about Kindergarten, and/or register your child, visit [www.limestone.on.ca/programming/kindergarten\\_early\\_learning](http://www.limestone.on.ca/programming/kindergarten_early_learning), or contact Marysville Public School at 613-385-2632.

### March 7, 21 & 28 - Dance

As part of the Arts, and the Health & Physical Education curriculum, both the JK-3 and 4-8 classes will be participating in dance workshops at Queen's University.

### Thursday Hot Lunches

Feb 7 - sushi rolls & teriyaki chicken

Feb 14 - cream of tomato soup & cheese biscuits

Feb 21 - honey baked chicken, rice & roasted veggies

Feb 28 - shepherd's pie





Marysville Public School Council invite you to:

# Family 'Sewing' Night

**Friday February 8<sup>th</sup>, 6:00 - 7:30pm**

**At Marysville Public School**



\$5 per family for supplies

Instructed by *Angela Macauley* (Wolfe Island Sewing and Alterations)

A fun craft night to give students and their parents/care givers a chance to make

## **T-shirt pillows**

together using a sewing machine.

If you have your sewing machine, please bring it.

If you don't, others can share with you!







BAYRIDGE SECONDARY SCHOOL & KCVI  
PARENT COUNCILS PRESENT

# Angst

RAISING  
Awareness  
AROUND  
Anxiety

THURSDAY  
**FEB 7** 7PM  
Bayridge Secondary School

WEDNESDAY  
**FEB 20** 7PM  
KCVI

**FREE ADMISSION**

Doors open at 6:30 Screening starts at 7  
Panel of local experts will host a Q&A immediately following the film



IndieFlix

[www.angstmovie.com](http://www.angstmovie.com)



Supporting Healthy Schools

## Children Need Sleep to Learn and Grow

### Sleep guidelines:

Aim for uninterrupted sleep with consistent bed and wake-up times, even on weekends.

Age in years	3 to 4 → 10 to 13	Hours
	5 to 13 → 9 to 11	
	14 to 17 → 8 to 10	

Visit [www.csep.ca](http://www.csep.ca) to learn more about Canada's 24-hour movement guidelines – An integration of physical activity, sedentary behaviour and sleep.

