

# Marysville Monthly Memo

April 2019



## Upcoming Events

**April 1** - LDSB Indigenous Education & Reconciliation Lead, Gillianne Mundell, will be visiting Ms. Etmanskie's 4-8 class for Community Circle and a lesson around the Maple Moon.

**April 2** - Public Health Dental screening (see letter pg. 3)

### April 3, 10 & 17 - Swim to Survive for Grade 3 Students

The *Swim to Survive*® Program is a Lifesaving Society survival training program. The Lifesaving Society defines the minimum skills needed by all Canadians to survive an unexpected fall into deep water. These are expressed in a skill sequence in the Canadian Swim to Survive Standard:

- **ROLL** into deep water
- **TREAD** water (1 min)
- **SWIM** 50m

Students will be attending the program at Queen's pool.

### April 4 - Wilton Cheese orders due

### April 4 - School Council meeting @ 3:00pm

Everyone is welcome and encouraged to attend. The agenda for the meeting is posted on the school website under School Council. Childcare will be available.

### April 5 - PA Day

**April 12** - Ms. Etmanskie's grade 4-8 class comes guest speaker, **Dr. Terri-Lynn Brennan**, CEO/Inter-Cultural Planner Inclusive Voices Inc. Dr. Brennan will share about her contribution to the educational resource, *Indigenous Peoples Atlas of Canada*.

This four-volume set was published by Canadian Geographic and released in Sept 2018. A very special thank you to Kayo & David Murakami-Wood for donating this wonderful resource to Marysville P.S.



### April 7-13 - National Volunteer Week

Marysville staff and students would like to take this opportunity to recognize and celebrate the incredible efforts of our school volunteers who generously offer their time and energy to provide healthy hot lunches, accompany students on field trips, sporting events, as well as organizing fundraisers, all in order to help enhance our school community and the education of our children. **Thank you!**

### April 15 - Cheese home

### April 16 - Play @ Central P.S.

Marysville has been invited to attend Central Public School's performance of *Mary Poppins*.

### April 19 - Good Friday

### April 22 - Easter Monday holiday



### April 23 - Community Clean-up

As part of our contribution to Earth Day and continued efforts of promoting environmental awareness, students will be participating in our annual MPS Community Clean-up. The area consists of the school grounds as well as areas of the Community Centre grounds.

### April 29 - Grade 8 Grad Photos & sibling photos

Lifetouch Photography will be at Marysville to take graduation photos. Gowns will be provided. It is recommended that graduates wear a white collared shirt & tie or white blouse. Lifetouch will also be taking sibling photos for anyone wishing to have their children photographed together. Please indicate as such in your child's agenda.

### April 30 - Public Health Immunizations (Gr 7/8)

### May 1 - LCVI Road Race

The annual LCVI Road Race is fast approaching. Students will be training Monday, Wednesday & Friday afternoons. A reminder to please have outdoor running shoes at school.

### EQAO Provincial Assessment: May 28, 29 & 30

The EQAO assessment for our Grade 3 & 6 students will be the end of May. A letter will be sent home to families with students in Grade 3 or 6. We kindly request that regular (non-emergency) doctor and dentist appointments be made outside of these important dates, if possible.

### Thursday Hot Lunches

April 4 - veggie & mushroom quiche with salad

April 11 - pizza from WIPP

April 18 - matza ball soup (chicken soup w/dumpling) & salad

April 25 - sweet potato & carrot soup w/Johnny cake





For the final skate of the season, Marysville invited students from Sydenham P.S. for a skating party. Mr. Beers provided the tunes while Parent Council served lunch and hot chocolate.

A special thanks to all our parents who volunteered weekly to skate and tie many laces!



#### Reflections on the Symphony from the Gr 4-8 class:

*"I liked the symphony because it was relaxing."* - Ethan

*"I thought the symphony was exciting and exhilarating...you could practically imagine the dinosaurs standing beside you."* - Lyda

*"I loved the Jurassic Park theme."* - Phoenix

*"The music piece with the mother and baby dinosaur stood out to me because it was so sweet and almost sad sounding, different to the other music pieces they played."*

- Lily



As part of their science unit on Energy, primary students made pinwheels to identify wind as a renewable source of energy.





## Dental Screening - April 2

During the school year a dental hygienist and dental assistant from KFL&A Public Health will visit all elementary schools. They visit the schools for two reasons. First, they will screen children to identify dental problems that need to be seen by a dentist and to screen any children who had dental concerns last year. The screening is a quick look into the mouth with a sterilized mouth mirror. Each child who is screened will be given a card to take home indicating the dental screening findings. Funding for the necessary dental treatment may be provided to eligible children through the Healthy Smiles Ontario (HSO) program. In cases where treatment is needed, Public Health will keep a client record and may tell the dental office what was found.

Secondly, the dental screening helps us to monitor the oral health of children in this region. The monitoring allows KFL&A Public Health to identify the prevalence of dental disease and any new trends in dental disease. The information is used to plan programs and services that best meet the needs of children in our communities. Therefore, even if your child sees a dentist regularly, it is important that they have their teeth screened so that they are included in our monitoring of dental disease.

Ontario Regulation 688/00, made under the Health Protection and Promotion Act, requires yearly dental screenings in all elementary schools. If you do not want your child to be screened this school year, please tell us in writing. This letter must include your child's full name, school and grade.

Mail the letter to:  
KFL&A Public Health  
221 Portsmouth Avenue  
Kingston, Ontario, K7M 1V5

## Is there a tick on you? Do a tick check!



### Here's where to look:

- Inside and behind your ears
- Along your hairline
- Back of your neck
- Armpits
- Groin (where legs join body)
- Legs
- Behind your knees
- Between your toes

If you find a tick, ask an adult for help to remove it.

### To safely remove ticks:

- 1 Use fine-tipped tweezers and firmly grasp the tick close to the skin.
- 2 With a steady motion, pull straight up until all parts are removed.

### After removing:

- 3 Clean the bite area with soap and water.



PublicHealth

## Healthy Habits for Healthy Teeth

A healthy mouth is important to overall health throughout life.

Keeping your child's teeth healthy starts at home with daily brushing, flossing, and offering healthy food choices.

Untreated cavities can cause difficulty eating, sleeping, learning, and loss of self-esteem for children and youth.

For help accessing dental services, contact KFL&A Public Health at 613-549-1232 or 1-800-267-7875, ext. 1218.

## Tips



Brush your teeth two times a day for two minutes each time with a fluoride toothpaste.



Remember to floss every day.



Choose water. Limit juice, chocolate milk, and other sugary drinks.



Visit your dentist for regular check-ups and fluoride treatments.



## Count Me In!

Adults' attitudes about math affect children's confidence and success with math learning.

Help children become excited and eager to learn about math. Turn everyday activities at home into fun math experiences.

### Children discover:

- patterns and relationships through sorting laundry, cutlery or groceries
- numbers and sequencing skills through card games, and board games like Snakes and Ladders
- geometry when playing I Spy games to spot shapes in traffic signs, doorways, windows, and rooflines
- estimation and quantity by guessing how many steps it will take from the car to the front door, or how many dog food kibbles will fit into a pet's dish
- measurement by using shoes or mittens as rulers to calculate the height of people or tables, or the length of stuffed animals or counters.

Children's picture books and playful math activities:

<http://bitly.com/1FpZ6C1>

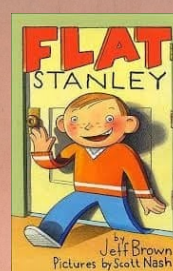
Ontario Early Literacy Specialists



After reading the **Flat Stanley** chapter book, by author Jeff Brown, the primary students each made a Flat Stanley cut-out to send to a class at Levi Creek P.S. in Mississauga. In the envelope they also sent a few pictures to show what MPS looks like. The class is looking forward to receiving Flat Stanley's from Levi Creek soon.



In social studies, the primary class is learning about Ontario. Students have created brochures for people who may want to visit Wolfe Island. The class plans to write more brochures about other places in Ontario like Toronto where they sent their Flat Stanleys.



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